



DEPARTMENT OF NURSING EDUCATION & HEALTH STUDIES

COURSE OUTLINE: Fall 2021

HC 1040: Providing Person Centered Care and Comfort - 5 (5.4-0-0) 14 weeks/75 Hours

Grande Prairie Regional College respectfully acknowledges that we are located on Treaty 8 territory, the traditional homeland and gathering place for many diverse Indigenous peoples. We are honoured to be on the ancestral lands of the Cree, Dene/Beaver and Métis, whose histories, languages, and cultures continue to influence our vibrant community. We are grateful to have the opportunity to work, learn, and live on this land.

INSTRUCTOR:

Tia Hudson, LPN

OFFICE: C406

OFFICE HOURS:

by appointment

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CALENDAR DESCRIPTION: 5 (5.4-0-0) 75 Hours/14 Weeks

In this course, the learner will learn to support clients to maintain their independence and meet their care needs according to individual care plans. The learner will acquire the skills and knowledge needed to assist clients with daily grooming and hygiene and to assist clients to walk and use mobility aides and wheelchairs safely. The learner will learn several methods for carrying out client lifts and transfers, with a focus on client safety and comfort. Upon completion of the course, the learner will have an excellent baseline knowledge of standards for meeting client nutritional needs and strict guidelines in safe food handling as set out in minimum provincial expectations.

PREREQUISITE(S)/COREQUISITE: None.

REQUIRED TEXT/RESOURCE MATERIALS:

Government of Alberta. (2018). Alberta Health Care Aide Competency Profile. Retrieved from <https://open.alberta.ca/dataset/e1fbd562-1571-40b8-bc17-71687dab444c/resource/9e34d246-c389-4753-bda4-f53a77e02f80/download/ah-hca-core-competency-profile-2018.pdf>

Sorrentino, S. A., Remmert, L. N., & Wilk, M. J. (2018). *Mosby's Canadian textbook for the support worker* (4th ed.). Toronto, ON: Elsevier Canada.

Sorrentino, S. A., Remmert, L. N., & Wilk, M. J. (2018). *Workbook to Accompany Mosby's Canadian textbook for the support worker* (4th ed.). Toronto, ON: Elsevier Canada.

RECOMMENDED TEXTBOOK:

Murray, L. (2014). *Integrating a Palliative Approach: Essentials for Personal Support Workers*. Saanichton, BC, Canada: Life and Death Matters.

DELIVERY MODE(S): This course is delivered by 1.3 hours of lecture per week and 2.6 hours of lab per

week; over the course of 14 weeks.

FALL 2021 DELIVERY: Mixed Delivery. Components of this course are delivered face-to-face/onsite on the GPRC Grande Prairie campus, with some mandatory lab components on GPRC Grande Prairie Campus.

The dates and locations of the onsite components can be found on MyClass in the course calendar.

COURSE OBJECTIVES:

LEARNING OUTCOMES:

1. Describe knowledge of providing person-centred care and comfort within the HCA role in the following skill areas: client grooming and personal hygiene, bathing, bed making, assisting with elimination, client mobility, positioning, transfers, and lifts, assisting at mealtimes and with food safety, and using basic knowledge of body systems.
2. Define evidence-informed practice and guidelines for assisting with each of the activities of daily living skills.
3. Describe the importance of the client’s strengths needs, rights, preferences, and expectations, and their willingness and ability to participate in their care.
4. Demonstrate ethical person-centred care related to assisting with activities of daily living skills and following the client care plan in the acute and continuing care settings (home care, long-term care, and supportive living).
5. Identify knowledge of the collaborative teams’ roles and responsibilities within the assistance of each of the activities of daily living skills.
6. Describe key elements of the palliative care approach that can be applied to the planning, implementation, and assistance of activities of daily living skills.
7. Demonstrate competence (knowledge, skills, behaviours, and attitudes) by applying evidence-informed practice and guidelines when assisting with activities of daily living skills.
8. Apply the principles of professional and accurate communication through instruction, delivery, reporting, and documentation of activities of daily living skills.
9. Apply communication techniques and strategies that support diverse clients displaying responsive behaviours when assisting with activities of daily living skills.
10. Demonstrate client and personal safety by recognizing and responding to safety hazards, near misses, reporting abuse, following infection prevention and control principles, conducting client transfers, and handling and operating health equipment safely.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2>

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS: Pass/Fail

Evaluation	Value	Date
High Impact Consolidation Lab/Scenario Testing	Pass/Fail	Nov 15,17,18,22,24 and 25)

Final Exam (50 multiple choice questions)	Passing mark of 70% or better	December 2, 2021
Attendance and Participation (Lab)	Pass/Fail	
Attendance and Participation (Lecture)	Pass/Fail	

LECTURES and LABS:

Attendance at all lectures and labs is expected. Absences from any lecture, or lab will jeopardize overall performance.

Attendance and Participation (Lab):

By the end of each lab, students are responsible to demonstrate beginning proficiency and competence with each of the skills offered in this course. Attendance at all labs is required and students are responsible to consult with the Lab Instructor to make up for missed labs. To develop proficiency and psychomotor expertise students are encouraged to practice at home or during regularly schedule practice labs.

Attendance and Participation (Lecture):

Lab lectures are interactive classes designed to delve into the application of the theory and skills learned over the past week. Attendance at Lab/Lectures is required to Pass the *Attendance and Participation* component of HC1040. **This component** of the course is High flex and gives students the option of attending sessions in the classroom, participating remotely, or doing both.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Refer to the HC1040 MyClass site for the course calendar and course schedule/tentative timeline.

STUDENT RESPONSIBILITIES:

Refer to the College Policy on Student Rights and Responsibilities at:

www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the GPRC Department of Nursing Education & Health Studies Student Handbook on MyClass.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

**Note: all Academic and Administrative policies are available on the same page.